



Sanchar Nigam Pensioners' Welfare Association

Reg.No: SOCIETY/WEST/2021/8902564

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SNPWA/CHQ/ Hon MOH& FW/1/2026

Date: 29th July 2026

To

Sh J. P. Nadda,

Hon MOH& FW,

Kartavya Bhawan, ND.

Respected Sir,

Subject: Immediate withdrawal of Arbitrary, Atrocious, Medically Unethical and Lethal CGHS Guidelines dated 24.07.2026 restricting GLP-1 Receptor Agonists- Launching of Nation-wide Democratic Protest Actions

On behalf of SNPWA, representing lakhs of pensioners, we strongly protest and condemn, the CGHS guidelines dated 24.07.2026 restricting GLP-1 Receptor Agonists and essential preventive vaccines. *The guidelines are, to say the least, arbitrary, medically unethical, unsound, and contrary to evidence-based preventive healthcare apart from blatantly contravening existing procedure recommended by ICMR for Administration of these drugs

We fully support rational clinical guidelines for BMI management, weight reduction, and appropriate metabolic control, as well as structured diabetes care as recommended by ICMR and other national bodies. However, we strongly oppose only the restrictive supply criteria imposed for patients with uncontrolled Type-2 diabetes, which deny timely access to GLP-1 therapy even when clinically indicated._

The most serious flaw is denying GLP-1 therapy to uncontrolled Type-2 diabetes patients unless and until they develop life threatening complications like Cardiovascular, Chronic kidney/Liver disease or Severe sleep apnea. This reverses modern medical logic and allows this Vulnerable Goup amongst diabetics to contract these life threatening diseases.

This is where precisely these ridiculous instructions evoke and call for the strongest and unequivocal condemnation. .

GLP-1 drugs are meant to prevent the very onset of these lethal diseases, not be given after irreversible and life threatening damage. ICMR supports their use for glycaemic control, weight reduction, and cardiovascular benefit where clinically indicated. Restricting them only after life threatening diseases develop is unacceptable, atrocious, callous, insensitive and defeats preventive medicine.

Patients are effectively asked to first develop heart, kidney or other serious disease for being eligible for treatment. This reflects clear lack of application of mind and abandonment of preventive care.

This approach is also economically irrational and counterproductive . Treating heart attacks, dialysis, strokes, surgeries and ICU care costs far more than timely GLP-1 therapy. Delays will increase both expenditure and human suffering.

Prevention is much safer , cheaper, and medically superior to late treatment after organ damage ; yet the guidelines ignore this basic principle and contradict national preventive health policy.

Healthcare policy must be science-based, patient-friendly, and compassionate, not bureaucratically restrictive. Senior citizens' lives cannot be subjected to procedural barriers or budget-driven decisions.

We therefore demand immediate action:

1. Immediate withdrawal of CGHS guidelines dated 24.07.2026 restricting GLP-1 drugs.
2. Align policy with ICMR evidence-based diabetes
3. Restore prescribing freedom to specialists (Endocrinologists), based on clinical evidence stipulated by ICMR.

If not immediately withdrawn, SNPWA with other organisations will be compelled to launch Nationwide Democratic Protests to protect the healthcare rights of pensioners. We believe that the Government will not misjudge the strength, resilience and commitment of Senior Citizens to resort to Democratic Protest Actions despite age and ailments . This would be a serious error of Judgment

Yours faithfully,



(G. L. Jogi)\

General Secretary

Copy to

1. Sh T.V. Somanathan, Cabinet Secy/ G.O.I for kind information & intervention to diffuse and contain simmering anger, disappointment and disgust of Senior Citizens at the despicable manner they are being treated by MOH& FW.
2. MS Salila Srivastava, Secy/ MOH& FW for taking immediate appropriate action to immediately rescind the said retrograde guidelines of 24.7.26
3. Dr Sunil Barnwal, DG/ CGHS, for immediate follow up action
4. .Sh Manshvi Singh, Jt Secy. Handing issues of policy, it becomes imperative on you to take immediate appropriate action
5. Dr Sateesh. Y.H. Director/ CGHS for kind information and immediate/ a pl..